Syllabus: Keep What You Learn

Instructor: **Bill Powell** Tues. and Thu. **12:50** – **1:40**.

Summary: Learn to memorize, improve your other classes

Welcome! In this class, you'll learn how to memorize **50**, **100**, **500** or even **thousands** of facts. With special **memory techniques**, you'll begin to **keep what you learn**. For instance:

- history facts
- vocabulary meanings
- definitions
- literature facts
- science facts
- math formulas

Instead of hoping you'll remember such things, you'll know that you will.

Class Format

Each class is 50 minutes, as usual. Many classes will be lectures. Others will include **class discussions**, as we practice making **mnemonics** (memory prompts).

We'll have **frequent quizzes**, but **no tests or papers** on the material in this class. Instead, you'll do **memory projects**, where you **memorize information from your other classes**. Memorizing does take work, but this way, you can do the work on what you *already need to study*.

Required Materials

There is no required textbook. Instead, I will provide handouts.

You must keep the handouts organized and **bring all handouts to every class.** I suggest a **binder** to keep them organized.

Please bring to every class: your class handouts, looseleaf paper, and a pen.

At home, you'll need a tool to maintain your set of flashcards.

- I suggest the free computer program: Anki [http://ichi2.net/anki].
- But you can use index cards instead, with small sticky notes to mark study batches.

Fee: 5.00 to cover the cost of handouts.

I can also offer index cards and sticky notes at cost, if there's a demand.

Grade Breakdown

- 25 Quizzes
- 25 Attendance, Participation
- 25 Memory Projects
- 25 Daily Flashcard Review
- 100 TOTAL Grade for Class

Quizzes

- We will begin each class with a short quiz.
- If you miss the quiz, you get a **0** and a Tardiness penalty.
- If you bring a written excuse, you remove the Tardiness penalty, but not the 0.
- (With a quiz every class, 1 or 2 missed quizzes won't destroy your grade.)
- I may offer a quiz makeup project, if there's demand.

Attendance

For absence or tardiness not to affect your grade, I need a note or call from your parent or guardian.

Participation

- I will note whether you listen and pay attention.
- Feel free to ask questions, though you don't have to if you don't need to.
- Sometimes, you'll need to contribute ideas, as we make up mnemonics (memory prompts).

Memory Projects

Memory projects will include:

- preparation work for memorizing
- memorizing information
- presenting what you've memorized, both in written tests and in recitations

Daily Flashcard Review

Modern research has shown that for **efficient review**, your brain needs **proper scheduling** of each card. As you start to study lots of cards, you'll need **a short review every day**. This habit of daily review is so central that it will be graded.

I'll provide **logsheets**, and you'll track whether or not you review each day. The minimum daily review time is short: 15 minutes. But you must **review every day except Sunday**.

The sheets must be **signed by a parent/guardian and brought to class every two weeks** for a brief inspection. This will encourage you as you develop this habit.

You will *not* being graded on whether you get each card right or not. You simply need to review. Sunday is optional. A single missed day each week is a minor setback, if you schedule your studies properly. I don't want to interfere with your practice of Sunday rest.

Topics we'll cover in this class:

- Introduction
 - Why we have "bad" memories
 - Why our memories are actually amazing
 - You can train your memory
- Five basic steps to memorization
- Beginner pitfalls to avoid
- Spaced Repetition: Reviewing the right material at the right time
- Organizing information
- History of the Art of Memory
- Oral mnemonics (memory prompts)
 - Mnemonics based on rhythm, rhyme, or acrostics
- Visual mnemonics, and using your imagination
- Storing your mnemonics (the loci method)
- Memorizing specific kinds of information
 - vocabulary
 - definitions
 - numbers
 - years, history facts
 - literature facts
 - science facts
 - math formulas
- In-class practice and recitations